

EASTERN SUBURBS



ATHLETIC CLUB

Annual Report
2000 - 2001

EASTERN SUBURBS PRESIDENTS

Eastern Suburbs Harriers Club

Inaugural Meeting 31 October 1955

1955-56	W Muir
1956-58	H Blake
1958-59	H Blake
1959-60	H Blake
1960-61	H Blake
1961-62	H Blake
1962-63	H Blake
1963-64	H Blake
1964-65	H Blake
1965-66	H Blake
1966-67	L Spears
1967-68	L Spears
1968-69	L Spears
1969-70	L Spears
1970-71	G Norris
1971-72	G Norris
1972-73	G Norris
1973-74	P Morley
1974-75	P Morley
1975-76	P Morley
1976-77	P Morley
1977-78	P Morley
1978-79	G Blake
1979-80	G Blake
1980-81	G Blake

Eastern Suburbs Women's Athletic Club

Inaugural Meeting 23 November 1969

1968-69	C Vernede
1969-70	E Carmichael
1970-71	C Steenbergen
1971-72	C Steenbergen
1972-73	C Steenbergen
1973-74	C Steenbergen
1974-75	C Steenbergen
1975-76	C Steenbergen
1976-77	L Williams
1977-78	L Williams
1978-79	L Williams
1979-80	M Edwards
1980-81	M Edwards

Eastern Suburbs Life Members

1963	Mr L Spears	(Dec.)
1967	Mr H Blake	(Dec.)
1969	Mr J Caulfield	
1974	Mr G Norris	
1976	Mr B Halley	
1976	Mr B Wise	
1977	Mr B Ginn	
1979	Mr J Tiggelaven	(Dec.)
1981	Mrs M Chick	
1981	Mrs L Grieson	
1985	Mr G Blake	(Dec.)
1993	Mr K McNamara	
1994	Mr W Mason	

Eastern Suburbs Athletic Club

1981-82	C Beaton
1982-83	C Beaton
1983-84	K McNamara
1984-85	K McNamara
1985-86	M O'Brien
1986-87	B Hughes
1987-88	B Hughes
1988-89	B Hughes
1989-90	M Pigden
1990-91	M Pigden
1991-92	M Pigden

Eastern Suburbs Athletic Club

Cont..

1992-93	M Pigden
1993-94	B Marshall
1994-95	B Marshall
1995-96	B Marshall
1996-97	E Rae
1997-98	E Rae
1998-99	E Rae
1999-2000	E Rae
1999-2001	M Turnock

OFFICE BEARERS 2000 - 2001

Patron: Mayor of Clarence
Mrs Cathy Edwards

Vice Patrons: Mr B Halley
Mr P Hodgman MHA
Mr K McNamara
Mr G Norris
Mr H Quick MP

PRESIDENT: Mrs Mary Turnock

Vice Presidents: Mrs Eilis Rae
Mr Jarrod Gibson

Secretary: Mrs Maureen McDonald

Assistant Secretary: Ms Allison Turnock

Treasurer: Mr Andrew McDonald AAIBF

Registrar: Mrs Jennifer Lennon (Winter)
Mrs Wendy Sheppard (Summer)

COMMITTEE: Mr Peter Fletcher
Mr Ashley Howlett
Mr Roger Howlett
Ms Karen Leavey
Mr Justin McDonald
Mrs Sarah McDonald
Mrs Toni Morgan
Mr Gary Rushton
Mr Russ Sheppard
Mr Peter Turnock

Honorary Auditor: Mr John Caulfield

Public Officer: Mrs Eilis Rae

Team Manager: Mrs Maureen McDonald

Club Captains

Winter: Sonia Semple
Ashley Howlett

Summer: Stephanie Bannister and Lauren Morgan
Nathan Sheppard and Matthew Rae

CLUB MEMBERS 2000 - 2001

MEN

Jason Allie	Stuart Cooper	Matthew Howlett	Gerry Oldfield
Darren Alomes	Robert Cracknell	Aaron Humphrey	Malcolm O'May
Shaun Andrews	James Davidson	Ashley Humphrey	David Rae
Luke Anning	Peter Davidson	Adam Jacobs	Matthew Rae
Ryan Ashton	Nathan Duckett	Sam Jeffrey	Stephen Rae
Peter Austen	Peter Duncan	Duncan Jones	Matthew Rushton
Thomas Austen	Bradley Dyson	Ben Kaitinis	Nathan Sheppard
Dorge Badham	Jarrold Gibson	Peter Keenan	Mark Struwe
Brian Bannister	Peter Fletcher	Robbie Knott	Andrew Turnock
Phillip Bessell	Jason Fyfe	Harvey Lennon	Bill Vagg
Mark Blake	Andrew Harding	Aden McLennan	Baden Wass
Timothy Boys	Adrian Hodge	Ryan McConnon	Matthew Wass
David Brown	Jarrold Honner	Justin McDonald	Nathan Wass
Andrew Carter	Luke Horne	Bobby Malcomson	Simon Wass
Mitchell Conway	Jarratt Horton	Philip Mussared	Max Wilson
Matthew Cooper	Ashley Howlett		

WOMEN

Megan Agius	Monica Howlett	Sonia Semple	<u>Associates</u>
Jane Andrews	Felicity Kemp	Christine Shanahan	Susan Andrews
Jessamy Austen	Chloe Komarzynski	Cassie Smith	Tony Bond
Lynette Bannister	Avril Komarzynski	Rebecca Smith	Jo Cubit
Stephanie Bannister	Megan McConnon	Melanie Street	Mr & Mrs G Millar
Kate Chettle	Elizabeth Malcomsom	Anna Thompson	Helen Moir
Jessica Cole	Erin Marshall	Allison Turnock	Gary Sayer
Marguerite Conley	Lauren Morgan	Kimberly Turnock	Cheryl Wilson
Amanda Coombe	Catherine Oliver	Donna Tyberek	Chris Wilson
Jacqui Dalwood	Rebecca Oliver	Rhyanna Watson	Shaun Wilson
Anita Debnam	Rebecca Osborn	Sonia Wilson	
Sophie Hanley			

Roll of Honour

Commonwealth Games Squad

Greg Blake

1 Mile

4 minutes 5.2 seconds

3rd March 1962

(Fastest in Australia)

Commonwealth Games Squad

John Denholm

3 Mile

14 minutes 4.4 seconds

24th November 1961

Commonwealth Games Squad

Sue Rush.

100 yards

10.7 seconds

16th December 1961

Tasmanian Record Holder

Paul Blackaby

100 metres

10.5 seconds

10th March 1973

Commonwealth Games Representative

Stephen Knott

Senior Australian Championship Long Jump Gold Medal in 1978

Commonwealth Games Representative

Jo Cubit

Heptathlon

5838 points

(Pacific Conference Games 1985)

Olympic Games Representative

Gail Luke

400 metre Hurdles

55.92 seconds

7th March 1990

Olympic Games Representative

Susan Andrews

400 metres

51.55 seconds

13th March 1998

Commonwealth Games Representative

Andrea Hughes

High Jump

1.91 Metres

14th February 1994

NATIONAL AND STATE REPRESENTATIVES

2000 - 2001

Australian National and All Schools Cross Country and Walks Championships - Melbourne

**Andrew Harding
Aaron Humphrey
Catherine Oliver**

**Peter Davidson
Anna Thompson**

Australian Youth Championships - Bendigo

**Melanie Street
Jarratt Horton**

Aaron Humphrey

Australian All Schools Track & Field Championships - Adelaide

**Robert Cracknell
Scott Miller
Andrew Harding**

**Lynette Bannister
Aaron Humphrey**

Australian Senior Nationals - Brisbane

**Anna Thompson
Stephen Rae
Ashley Howlett**

**Kate Chettle
Sam Jeffrey
Justin Mc Donald**

World Cross Country Championships - Belgium

Bradley Dyson

Half Marathon - Gold Coast

Peter Fletcher

Ediken Relay – Japan

Anna Thompson

Seoul International Road Relay

Anna Thompson

Trans Tasman Challenge - New Zealand

Anna Thompson

EASTERN SUBURBS ATHLETIC CLUB

COACHES REPORT 2000/2001

The 2000/2001 summer athletics season & the 2001 cross-country season was a great learning curve for myself acting as the club coach. It was an enjoyable & rewarding experience.

During the summer season our training squad consisted of a mixed group, varying from 4 to 18 athletes, (average group of 8) participating in the full range of events, (except the pole vault). All athletes were willing to try new events, even getting some girls to train & compete in the hammer.

All athletes were enthusiastic and eager to learn, and all attained personal bests at their chosen events. Many athletes within the squad won club trophies and competed well at championships. The club & their parents should be proud of their efforts.

The wide range of events stretched my ability to be able to coach at several sites, so I am grateful for the assistance of affiliated coaches and semi-retired/injured senior athletes who were able to help. The recruitment and/or training of additional coaches is recommended, with adult club athletes being a possible source of recruits. Congratulations to Sam Jeffery and Darren Alomes for their coaching efforts with disabled athletes.

The winter season was my introduction to cross-country running and I really enjoyed it. I enjoyed the format of the events and admired the officials and athletes for their commitment to the sport.

The club had small squad training, but they worked very hard and achieved big improvements in personal performances.

Coaching is very rewarding and its great to see athletes set and achieve personal goals. Congratulations to all the athletes on their achievements.

Regards



Peter Turnock
27-09-2001



FORTY-FIFTH ANNUAL
REPORT

AND

FINANCIAL STATEMENT
FOR SEASON
2000 - 2001

To be presented at the

ANNUAL GENERAL MEETING

Thursday, 27 September 2001

AGENDA

Apologies

Confirmation of minutes of Annual General Meeting
13th July 2000

Annual Report and Financial Statements

Election of Office Bearers

General Business

PRESIDENT'S REPORT

2000/2001

The years seem to be flying by and the past year is no exception.

The new facility at the Domain Athletic Centre seems to be coming along well and all athletes are looking forward to its completion.

The 2000/2001 season has been a very busy and rewarding one with many of our athletes representing the state at National Competition. These included the All Schools, Cross Country and Senior Nationals. Congratulations to all the athletes who participated at National level especially, Aaron Humphrey, Andrew Harding, Melanie Street, Kate Chettle, Anna Thompson, Ashley Howlett, Anita Debnam, Rhyanna Watson and Damien Francis who won medals.

Socially, we have had a lot of fun and laughs. The Christmas barbecue at Risdon Brook Dam was a relaxing day with the highlight being a visit by Santa who delivered a wonderful array of very useful gifts. We can't forget the dummy spitting competition contested by Kevin Alomes and Peter Turnock which was very close but eventually won by Peter with his dummy lubricated by a bit of Cascade.

We have enjoyed Ten Pin Bowling, barbecues at both the Cross Country and the Domain Track, one of which included listening to the ACDC concert and we have played mini golf.

Unfortunately, there have been quite a few Eastern Suburbs athletes move interstate or overseas during the year to further their study or employment. We wish them all the best in their endeavours.

Many thanks to the team captains during the past season - Sonya Semple and Ashley Howlett, the winter captains and Lauren Morgan, Stephanie Bannister, Nathan Sheppard and Matthew Rae the track captains. Your time and efforts were much appreciated.

Peter Turnock took over the role of coaching our young athletes and is doing a great job. Thankyou for your time and dedication.

There were quite a few notable events during the year associated with the club. These include the celebration of George Norris's 90th Birthday at the Shoreline Motor Hotel, a very successful Round the River Run, made possible by the sponsorship of Raine and Home, of which we are most appreciative, helping during the Point to Pinncale Run in

a variety of ways, holding a stall at Northgate Market, which I believe was very interesting and stimulating and Tony Bond received a certificate of appreciation at our Trophy Night for his contributions to Eastern Suburbs as a competitor and an official.

Many of our athletes won awards from Athletics South and Athletics Tasmania at their awards night. Eastern Suburbs won the Men's and Women's Track and Field Interclub Trophy and the Hobart Harriers Trophy for the most points scored by Senior Athletes at the State Championships.

Monica Howlett was the winner of the Top Ten Women in the club with Nathan Wass being the Men's Top Ten winner, well done.

Financially, Eastern Suburbs is in good shape which is due partly to the car parking and lunches. Thankyou to all club members who have helped in any way during the past year, your efforts are much appreciated and all go towards assisting our athletes.

Finally, thankyou to the dedicated Committee Members who come along to meetings and keep things happening for and with our club. I would especially like to thank Maureen and Peter McDonald for all their support and hard work. We have a great club of which we can all be proud and I wish everyone all the best for the year ahead.

Mary Turnock
President

TREASURER'S REPORT 2000-2001

This has been another successful financial year due to the hard work of members of the committee and athletes of the club. Unlike many businesses we have not been affected financially by the GST as can be shown by an increase in our Bank balance of in excess of \$4500.00.

Fund Raising

The club continues to earn vital dollars to assist with travel subsidies and the general running of the club via involvement with Car Parking at Parliament House over the New Year period as well as having valued members of the "Clean Team" at the Taste of Tasmania. Also, assisting at the Point to Pinnacle and City to Casino as well as other athletics events has contributed valuable funds.

A special thank you goes to the members who assisted with making lunches at the Domain this year, this added in excess of \$1500.00 to the club's finances.

The Round the River Run held in April was again a resounding success with a significant amount of funds being raised.

Donations and Sponsorship

We are grateful for the large number of donations received throughout the year and especially from Raine & Horne, whose \$2000 donation allowed the club to offer financial incentives to athletes in the Round the River Run.

Other Major items

Travel subsidies increased this year due to the high calibre of athletes who are members of this club.

Kindly note that sundry expenses have been distorted by the transfer of funds to term deposit. Also, coaching clinics were not run this year and therefore general expenses are considerably lower.

I urge every athlete to assist with any fundraising wherever possible and not to be complacent about this year's financial success.

Thank you again to everybody who assisted this year and I hope the 2001-02 financial year will continue this prosperity.

Andrew McDonald AAIBF
Treasurer 2000/01

EASTERN SUBURBS ATHLETICS CLUB INC
STATEMENT OF INCOME AND EXPENDITURE 2000/2001

GENERAL ACCOUNT

ISLAND STATE CREDIT UNION CHEQUE ACCOUNT 807-007-79629 S1

1999/00		2000/01
	OPENING BALANCE AS AT 1 MAY 2000	\$ 4444.50
	RECEIPTS	
155.00	DONATIONS	90.00
6369.15	FUND RAISING	10882.40
6.16	INTEREST INCOME	3.20
1618.00	OTHER	660.00
0	MISC INCOME	100.00
<u>8148.31</u>		<u>11735.60</u>
	PAYMENTS	
799.90	FUND RAISING EXPENSES	872.60
2060.00	TRAVEL SUBSIDIES	2,300.00
523.56	ROUND THE RIVER EXPENSES	2,288.58
5378.94	GENERAL CLUB EXPENSES	3,166.73
89.86	SUNDRIES	1,240.82
<u>8852.26</u>		<u>9,868.73</u>
<u>4444.50</u>	Closing Balance at 30 April 2001	<u>6,311.37</u>

BANK RECONCILIATION

Bank Statement Balance as at 30 April 2001	\$ <u>8336.59</u>																																																
Ledger Balance	6,311.37																																																
Add Unpresented Cheques																																																	
<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 20%;"></th> <th style="width: 10%; text-align: center;">\$</th> <th style="width: 20%;"></th> <th style="width: 10%; text-align: center;">\$</th> <th style="width: 20%;"></th> <th style="width: 10%; text-align: center;">\$</th> </tr> </thead> <tbody> <tr> <td>175524</td> <td style="text-align: right;">100.00</td> <td>932109</td> <td style="text-align: right;">100.00</td> <td>932116</td> <td style="text-align: right;">60.00</td> </tr> <tr> <td>932101</td> <td style="text-align: right;">239.22</td> <td>932110</td> <td style="text-align: right;">100.00</td> <td>932117</td> <td style="text-align: right;">30.00</td> </tr> <tr> <td>932103</td> <td style="text-align: right;">16.50</td> <td>932111</td> <td style="text-align: right;">100.00</td> <td>932118</td> <td style="text-align: right;">30.00</td> </tr> <tr> <td>932104</td> <td style="text-align: right;">110.00</td> <td>932112</td> <td style="text-align: right;">100.00</td> <td>932119</td> <td style="text-align: right;">30.00</td> </tr> <tr> <td>932105</td> <td style="text-align: right;">300.00</td> <td>932113</td> <td style="text-align: right;">60.00</td> <td>932120</td> <td style="text-align: right;">30.00</td> </tr> <tr> <td>932106</td> <td style="text-align: right;">300.00</td> <td>932114</td> <td style="text-align: right;">60.00</td> <td>932121</td> <td style="text-align: right;">49.50</td> </tr> <tr> <td>932108</td> <td style="text-align: right;">150.00</td> <td>932115</td> <td style="text-align: right;">60.00</td> <td></td> <td></td> </tr> </tbody> </table>		\$		\$		\$	175524	100.00	932109	100.00	932116	60.00	932101	239.22	932110	100.00	932117	30.00	932103	16.50	932111	100.00	932118	30.00	932104	110.00	932112	100.00	932119	30.00	932105	300.00	932113	60.00	932120	30.00	932106	300.00	932114	60.00	932121	49.50	932108	150.00	932115	60.00			2025.22
	\$		\$		\$																																												
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Less Deposits not yet credited	<u>0</u>																																																
	<u>8,336.59</u>																																																

INVESTMENT ACCOUNT

Island State Credit Union Account No 43619 I2

Balance at 30 April 2000	1789.81
Deposited	1210.19
Matured 27 April 2001	Interest 94.38
	Less FID 1.86
Re-Invested	3092.52

NOTE: Accounts are provisional, subject to the receipt of the Auditor's Report

CLUB CAPTAINS' REPORTS

Congratulations to all our Athletes during the season.

Once again Eastern Suburbs won the Athletics South Shield. Well done!

Eastern Suburbs had a very successful season with many outstanding performances at the State Championships and State Relay Championships in Launceston with every team winning a medal. (Congratulations to everyone who went and thank you).

Interclub, each week, was excellent. with everyone wanting to run in a relay. It made Steph and my job a lot easier with the enthusiasm of all our female athletes and, once again, thank you.

Well done to all who were selected in State teams and to Monica Howlett who was our Top Ten Point Score Winner with Megan McConnon runner up. A special congratulation goes to Anna Thompson who was a first year Eastern Suburbs athlete and won a bronze medal at the Nationals in the 1500m and represented Australia in Cross Country. Well done Anna!

Last of all I would like to thank all our Eastern Suburbs Officials whom without their help we wouldn't have had a successful season.

A special thank you to Mrs Mac for her outstanding support to the club, without her the club wouldn't be as successful and as much fun to be a member of. Thank you.

I hope everyone achieved what they wanted out of the season (I know Steph and I did) and look forward to next season.

Lauren Morgan and Stephanie Bannister
SUMMER TEAM CAPTAINS

I would like to congratulate Eastern Suburb's men and women on a very successful year. Everybody did extremely well.

Ashley Howlett won a silver medal at the nationals in Brisbane in the Decathlon, which is a top effort. Andrew Harding and Aaron Humphrey were also medallists in national competition. I would like to thank the younger athletes who competed each week and contributed so much to the success of the club and well done to everybody who achieved personal bests during the season.

Eastern Suburbs entered relay teams in all age groups at the State Relay Titles in Launceston and won medals in each age group. Congratulations to the Under 14 boys who won gold in the 4x100 and the 4x400. Congratulations, too, to Darren Alomes for providing the highlight of the year with his spectacular finish in the Senior 4x100.

I would like to thank the club committee and those who act as officials for helping athletes in many ways. Thank you to Nathan Sheppard - the other Team Captain. Thank you for electing me and making it a trifecta of "Rae Boy" doing the job!

Matthew Rae and Nathan Sheppard
SUMMER TEAM CAPTAINS

CLUB RECORDS - Men

EVENT/AGE	SENIOR		U/20	
100 M	Glen McCarthy	10.66 25/2/96	Sam Jeffrey	10.98 21/3/98
200 M	Glen McCarthy	21.00 18/2/96	Sam Jeffrey	22.26 3/3/98
400 M	Glen McCarthy	47.55 18/2/96	Sam Jeffrey	48.70 13/3/98
800 M	David Rae	1.51.27 13/3/98	Roger McNamara	1.55.70 1/3/87
1500 M	Jason Allie	3.53.24 22/5/99	Jason Allie	3.53.24 22/5/99
3000 M	Jason Allie	8.15.11 29/5/99	Jason Allie	8.15.11 29/5/99
5000 M	Jason Allie	14.20.01 17/6/99	Jason Allie	14.20.01 17/6/99
10000 M	Jason Allie	32.11.00 20/2/99	Jason Allie	32.11.00 20/2/99
SPRINT HURDLES	Ashley Howlett	16.19 24/3/01	Ashley Howlett	16.23 21/2/98
400 HURDLES	Stephen Rae	52.94 23/3/01	Stephen Rae	53.74 14/3/99
TRIPLE JUMP	Phillip Bessell	14.78 19/2/00	Phillip Bessell	14.78 19/2/00
HIGH JUMP	Chris Hogan	2.13 15/11/97	Garth MacDonald	2.04 1/11/97
LONG JUMP	Nabil Adamou	7.81 1/3/97	Phillip Bessell	6.92 5/2/00
POLE VAULT	Ashley Howlett	4.20 24/3/01	Priscus Fogagnolo	3.50 14/2/00
			Ashley Howlett	3.50 22/3/96
HAMMER	Justin McDonald	66.98 08/2/00	Justin McDonald	61.34 13/2/93
DISCUS	Justin McDonald	44.06 20/12/97	Justin McDonald	39.16 31/1/93
JAVELIN	Ashley Howlett	65.47 04/3/01	Damon Page	64.64 27/5/00
SHOT PUT	Justin McDonald	13.58 15/11/97	Ashley Howlett	12.61 7/3/98
DECATHLON	Ashley Howlett	7054 23/24/3/01	Ashley Howlett	6885 20/21/2/98
4 x 100 RELAY		43.53 13/12/98		43.53 13/12/98
		Sam Leitch/Phil Bessell		Sam Leitch/Phil Bessell
		Sam Jeffrey/Damon Page		Sam Jeffrey/Damon Page
4 x 400 RELAY		3.24.94 2/4/95		3.30.32 27/2/93
		Scott Marshall/Glen McCarthy		Dion Byas/Scott Marshall
		Mark Morffew/David Rae		Mark Morffew/Damian Norman
1500 M WALK	Matthew Groves	6.07 5/12/98	Matthew Groves	6.36.00 17/1/93
3000 M WALK	Matthew Groves	12.34 2/1/99	Matthew Groves	13.43.00 13/3/93
5000 M WALK	Matthew Groves	21.36 13/2/99	Matthew Groves	23.52.20 27/2/93
10000M WALK	Matthew Groves	45.20 28/10/98	Matthew Groves	49.39.00 23/2/93
20000M WALK	Matthew Groves	91.56 19/3/99		
EVENT/AGE	U/19		U/18	
100 M	Sam Jeffrey	10.98 21/3/98	Sam Jeffrey	10.98 21/3/98
200 M	Sam Jeffrey	22.26 3/3/98	Sam Jeffrey	22.26 3/3/98
400 M	Sam Jeffrey	48.70 13/3/98	Sam Jeffrey	48.70 13/3/98
800 M	David Rae	1.59.86 13/3/94	David Rae	1.59.97 21/11/93
1500 M	Jason Allie	4.01.11 1/2/97	Jason Allie	4.01.11 1/2/97
3000 M	Jason Allie	8.35.00 14/1/98	Jason Allie	8.42.00 8/2/97
5000 M	Jason Allie	14.51.51 21/1/98	Jason Allie	15.03.00 18/1/97
SPRINT HURDLES			Ashley Howlett	16.32 3/3/96
400 HURDLES	Stephen Rae	54.26 25/3/97	Stephen Rae	54.26 25/3/97
TRIPLE JUMP	Phillip Bessell	14.23 29/3/98	Phillip Bessell	14.23 29/3/98
HIGH JUMP	Garth Macdonald	2.04 1/11/97	Garth MacDonald	2.04 1/11/97
LONG JUMP	Phillip Bessell	6.90 6/1/98	Phillip Bessell	6.90 6/1/98
POLE VAULT	Priscus Fogagnolo	3.50 14/2/98	Priscus Fogagnolo	3.50 14/2/98
	Ashley Howlett	3.50 22/3/96	Ashley Howlett	3.50 22/3/96
HAMMER	Justin McDonald	66.92 15/12/91	Justin McDonald	63.36 7/10/90
DISCUS	Damon Page	44.44 10/12/98	Ashley Howlett	52.54 25/11/95
JAVELIN	Damon Page	58.76 19/3/99	Ashley Howlett	59.80 28/1/96
SHOT PUT	Justin McDonald	14.54 5/10/91	Justin McDonald	14.25 2/3/91
MULTI-EVENT			Ashley Howlett	6657 21/22/3/96

4 x 100 RELAY

43.53 13/12/99

Sam Leitch/Phil Bessell
Sam Jeffrey/Damon Page

45.53 22/2/92

Cameron Lee/Mark Morffew
Jarrod Read/Ricky Roberts

4 x 400 RELAY

3.25.94 16/2/97

Craig Johnston/Stephen Rae
Matthew Rushton/Rob Stewart

3.25.94 16/2/97

Craig Johnston/Stephen Rae
Matthew Rushton/Rob Stewart

1500 M WALK	Matthew Groves	6.36.00 17/1/93	Matthew Groves	6.36.00 17/1/93
3000 M WALK	Matthew Groves	13.43.00 13/3/93	Matthew Groves	13.43.00 13/3/93
5000 M WALK	Matthew Groves	23.52.20 27/2/93	Matthew Groves	23.52.20 27/2/93
10000M WALK	Matthew Groves	49.39.00 23/2/93	Matthew Groves	49.39.00 23/2/93

EVENT/AGE		U/17		U/16
100 M	Scott Miller	11.28 17/1/98	Scott Miller	11.28 17/1/98
200 M	Scott Miller	22.78 7/2/98	Scott Miller	22.78 7/2/98
400 M	Robbie Knott	49.43 2/5/00	Robert Knott	51.52 30/1/99
800 M	Mark Cannell	2.01.52 7/3/94	Mark Cannell	2.03.40 15/1/94
1500 M	Mark Cannell	4.08.14 19/2/94	Mark Cannell	4.08.14 19/2/94
3000 M	Jason Allie	8.52.27 17/2/96	Jason Allie	9.16.1 20/11/95
5000 M	Jason Allie	15.32.71 24/2/96	Jason Allie	16.11.41 25/11/95
STEEPLECHASE	Owen Cannell	7.05.00 4/3/89		
SPRINT HURDLES	Stephen Rae	15.66 23/3/96	Stephen Rae	14.43 25/3/95
200 M HURDLES			Baden Wass	34.12 15/11/99
LONG HURDLES	Stephen Rae	54.79 22/3/96	Stephen Rae	40.00 27/3/95
TRIPLE JUMP	Stephen Rae	13.43 28/3/95	Stephen Rae	13.43 28/3/95
HIGH JUMP	Robert Cracknell	1.84 25/3/00	Robert Cracknell	1.84 25/3/00
LONG JUMP	Stephen Rae	6.74 4/3/96	Robert Knott	6.52 30/1/99
POLE VAULT	Priscus Fogagnolo	3.50 14/2/98	Priscus Fogagnolo	3.50 14/2/98
HAMMER	Justin McDonald	63.16 17/3/90	Justin McDonald	55.66 12/3/89
DISCUS	Justin McDonald	42.84 21/1/90	Justin McDonald	52.10 4/3/89
JAVELIN	Ashley Howlett	59.40 7/3/94	Ashley Howlett	59.40 7/3/94
SHOT PUT	Damon Page	14.87 5/4/97	Ashley Howlett	14.59 24/3/94
MULTI-EVENT			Ashley Howlett	4942 24/25/3/94

4 x 100 RELAY

46.62 19/2/95

Mathew Pullen/Stephen Rae
Matthew Rushton/Rob Stewart

46.62 19/2/95

Mathew Pullen/Stephen Rae
Matthew Rushton/Rob Stewart

4 x 400 RELAY

3.43.30 11/3/95

Stephen Rae/Matthew Rushton
Rob Stewart/Jy Webb

3.43.30 11/3/95

Stephen Rae/Matthew Rushton
Rob Stewart/Jy Webb

1500 M WALK	Matthew Groves	6.36.00 17/1/93	Matthew Groves	6.36.00 17/1/93
3000 M WALK	Matthew Groves	13.43.00 13/3/93	Matthew Groves	13.43.00 13/3/93
5000 M WALK	Matthew Groves	23.52.20 27/2/93	Matthew Groves	23.52.20 27/2/93
10000M WALK	Matthew Groves	49.39.00 23/2/93	Matthew Groves	49.39.00 23/2/93

EVENT/AGE		U/15		U/14
100 M	Scott Miller	11.64 23/3/96	Scott Miller	12.32 9/12/95
200 M	Scott Miller	23.86 1/3/97	Scott Miller	25.84 9/12/95
400 M	Matthew Rushton	53.37 6/3/94	Owen Cannell	60.80 23/11/86
800 M	Matthew Rushton	2.07.46 5/3/94	Mark Cannell	2.15.40 9/3/91
1500 M	Matthew Rushton	4.22.44 7/3/94	Mark Cannell	4.41.10 10/3/91
3000 M	Owen Cannell	10.20.00 15/11/87	Aaron Humphrey	11.50.68 27/11/99
SPRINT HURDLES			Stephen Rae	14.08 27/2/93
			Tim Mitchell	14.08 27/1/96
200 HURDLES	Stephen Rae	26.36 7/3/94	Tim Mitchell	32.02 21/10/95
300 HURDLES	Stephen Rae	43.43 18/12/93	Owen Cannell	48.80 24/1/86

TRIPLE JUMP	Phillip Bessell	12.54 1/4/95	Stephen Rae	11.67 21/11/92
HIGH JUMP	Robert Cracknell	1.84 25/3/00	Robert Cracknell	1.77 20/11/99
LONG JUMP	Scott Miller	6.18 16/2/97	Scott Miller	5.46 13/1/96
POLE VAULT	Priscus Fogagnolo	3.50 14/2/98	Stephen Rae	2.40 21/2/93
HAMMER	Priscus Fogagnolo	60.48 25/10/97	Priscus Fogagnolo	52.02 15/2/97
DISCUS	Priscus Fogagnolo	57.01 7/2/98	Priscus Fogagnolo	50.10 15/2/97
JAVELIN	Ashley Howlett	54.18 24/11/92	John Glancy	42.74 10/2/90
SHOT PUT	Priscus Fogagnolo	16.94 6/1/98	Priscus Fogagnolo	17.13 14/4/97
4 x 100 RELAY		49.28 19/2/95		53.73 22/2/92
	Phillip Bessell/Duncan Jones		Ashley Howlett/Patrick Kemp	
	Adrian Miller/Bobby Zeid		Andrew Lowe/Ben Woods	
4 x 400 RELAY		3.54.43 26/2/94		4.14.20 3/3/90
	Stephen Rae/Matthew Rushton		Mark Cannell/Matthew Howlett	
	Rob Stewart/Jy Webb		Cameron Lee/Paul Simic	
1500 M WALK	Matthew Groves	6.38.00 1/2/92	Matt Groves	6.52.10 13/10/91
3000 M WALK	Matthew Groves	14.07.10 2/11/91	Matt Groves	14.58.50 19/10/91
5000 M WALK	Matthew Groves	24.21.53 11/10/92		
10000M WALK	Matthew Groves	51.15.40 13/2/92		

CLUB RECORDS - Women

EVENT/AGE	SENIOR		U/20	
100 M	S. Andrews	11.90 4/3/89	S. Andrews	11.90 4/3/89
200 M	S. Andrews	23.99 12/3/89	S. Andrews	23.99 12/3/89
400 M	S. Andrews	54.51 25/3/88	S. Andrews	54.51 25/3/88
800 M	K. Turner	2.12.05 12/3/94	K. Turner	2.12.05 12/3/94
1500 M	S. Beaton	4.47.00 3/12/88	S. Beaton	4.47.00 3/12/88
3000 M	S. Beaton	10.17.90 19/11/88	S. Beaton	10.17.90 19/11/88
5000 M	E. Hughes	20.37.35 14/11/92	E. Hughes	20.37.35 14/11/92
SPRINT HURDLES			K. Hughes	20.10 17/2/90
TRIPLE JUMP	A. Hughes	11.41 14/10/89	A. Hughes	11.41 14/10/89
HIGH JUMP	A. Hughes	1.91 14/2/94	A. Hughes	1.89 13/3/93
LONG JUMP	A. Hughes	5.27 18/11/89	A. Hughes	5.27 18/11/89
HAMMER	K. Hughes	48.00 22/2/92	K. Hughes	45.24 2/3/91
DISCUS	F. Gourlay	39.16 14/1/95	F. Gourlay	39.16 14/1/95
JAVELIN	A. Hughes	43.70 24/11/92	A. Hughes	43.70 24/11/92
SHOT PUT	A. Hughes	12.03 28/2/93	A. Hughes	12.03 28/2/93
MULTI-EVENT	K. Hughes	3140 17/18/2/90	K. Hughes	3140 17/18/2/90
1500 M WALK	K. Hughes	7.46.00 21/1/90	K. Hughes	7.46.00 21/1/90
3000 M WALK	K. Hughes	16.18.30 25/2/89	K. Hughes	16.18.30 25/2/89
5000 M WALK	K. Hughes	29.16.10 24/10/87	K. Hughes	29.16.10 24/10/87
10000 M WALK	K. Hughes	60.02.00 9/12/89	K. Hughes	60.02.00 9/12/89
4 X 100 RELAY		48.20 3/3/90		48.60 23/2/92
	Susan Andrews/Gail Luke		Katie Harrison/Vanessa Lee	
	Jo Millar-Cubit/Alison Rogers		Judy Pullen/Kylie Turner	
4 X 400 RELAY		3.59.90 7/3/94		4.01.90 5/3/88
	Amanda Coombe/Debbie Lance		Susan Andrews/Susan Beaton	
	Vanessa Lee/Kylie Turner		Andrea Dobson/Louise McNamara	

EVENT/AGE	U/19		U/18	
100 M	S. Andrews	11.90 4/3/89	S. Andrews	11.90 4/3/89
200 M	S. Andrews	23.99 12/3/89	S. Andrews	23.99 12/3/89
400 M	S. Andrews	54.51 25/3/88	S. Andrews	54.51 25/3/88
800 M	K. Turner	2.12.05 12/3/94	K. Turner	2.12.05 12/3/94

1500 M	S. Beaton	4.47.00 3/12/88	S. Beaton	4.48.20 31/1/87
3000 M	S. Beaton	10.17.90 19/11/88	S. Beaton	10.56.90 21/2/87
5000 M	E. Hughes	20.37.35 14/11/92	E. Hughes	20.37.35 14/11/92
SPRINT HURDLES	K. Hughes	20.10 17/2/90		
TRIPLE JUMP	A. Hughes	11.41 14/10/89	A. Hughes	11.41 14/10/89
HIGH JUMP	A. Hughes	1.88 15/7/91	A. Hughes	1.88 15/7/91
LONG JUMP	A. Hughes	5.27 18/11/89	A. Hughes	5.27 18/11/89
HAMMER	K. Hughes	38.32 4/11/89	S. Laduzko	34.98 22/3/91
DISCUS	F. Gourlay	39.16 14/1/95	F. Gourlay	38.36 18/12/93
JAVELIN	A. Hughes	43.70 24/11/92	A. Hughes	43.70 30/11/91
SHOT PUT	A. Hughes	11.42 18/1/92	F. Gourlay	11.37 27/11/93
MULTI-EVENT	K. Hughes	3140 17/18/2/90		
1500 M WALK	K. Hughes	7.46.00 21/1/90	K. Hughes	7.52.00 19/11/88
3000 M WALK	K. Hughes	16.18.30 25/2/89	K. Hughes	16.18.30 25/2/89
5000 M WALK	K. Hughes	29.16.10 24/10/87	K. Hughes	29.16.10 24/10/87
4 X 100 RELAY		48.60 23/2/92		48.60 23/2/92
	Katie Harrison/Vanessa Lee		Katie Harrison/Vanessa Lee	
	Judy Pullen/Kylie Turner		Judy Pullen/Kylie Turner	
4 X 400 RELAY		4.01.90 5/3/88		4.01.90 5/3/88
	Susan Andrews/Susan Beaton		Susan Andrews/Susan Beaton	
	Andrea Dobson/Louise McNamara		Andrea Dobson/Louise McNamara	

EVENT/AGE		U/17		U/16
100 M	S. Andrews	12.20 9/1/88	S. Andrews	12.28 12/12/86
200 M	S. Andrews	24.40 5/12/87	S. Andrews	26.80 15/2/97
400 M	S. Andrews	54.51 25/3/88	S. Andrews	58.30 2/3/87
800 M	K. Turner	2.10.85 21/3/93	K. Turner	2.16.34 23/2/92
1500 M	N. Harding	4.52.82 1/2/92	N. Harding	4.52.82 1/2/92
3000 M	S. Hall	10.58.04 10/2/90	S. Hall	10.58.04 10/2/90
5000 M	E. Hughes	20.37.35 14/11/92	E. Hughes	20.37.35 14/11/92
SPRINT HURDLES	A. Hughes	16.60 17/3/90	A. Hughes	15.00 6/3/89
300 M HURDLES	H. Gourlay	51.80 25/2/89	H. Gourlay	51.80 25/2/89
TRIPLE JUMP	A. Hughes	11.41 14/10/89	A. Hughes	11.41 14/10/89
HIGH JUMP	A. Hughes	1.88 15/7/91	A. Hughes	1.86 9/12/89
LONG JUMP	A. Hughes	5.27 18/11/89	A. Hughes	5.27 18/11/89
HAMMER	M. Broom	31.74 28/10/95	M. Broom	32.20 11/3/95
DISCUS	F. Gourlay	36.18 21/2/93	A. Hughes	35.80 7/10/89
JAVELIN	A. Hughes	38.88 13/1/90	A. Hughes	39.28 12/3/89
SHOT PUT	F. Gourlay	11.01 21/2/93	A. Hughes	10.85 7/10/89
MULTI-EVENT	A. Hughes	4164 17/18/2/90	A. Hughes	4544 15/3/89
1500 M WALK	K. Hughes	7.58.20 7/11/87	K. Hughes	7.44.00 2/3/87
3000 M WALK	K. Hughes	16.25.00 23/1/88	K. Hughes	16.54.20 23/11/86
5000 M WALK	K. Hughes	29.16.10 24/10/87	K. Hughes	29.12.60 25/10/86
4 X 100 RELAY		48.60 23/2/92		48.60 23/2/92
	Katie Harrison/Vanessa Lee		Katie Harrison/Vanessa Lee	
	Judy Pullen/Kylie Turner		Judy Pullen/Kylie Turner	
4 X 400 RELAY		4.10.90 2/3/87		4.10.90 2/3/87
	Susan Andrews/Andrea Dobson		Susan Andrews/Andrea Dobson	
	Andrea Hughes/Louise McNamara		Andrea Hughes/Louise McNamara	

AGE/EVENT		U/15		U/14
100 M	C. Shanahan	13.12 9/11/96	K Turnock	13.10 18/12/99
200 M	A. Turnock	26.80 15/2/97	K Turnock	26.88 11/3/00
400 M	C. Shanahan	61.30 7/3/98	C. Shanahan	61.64 12/4/97
800 M	N. Harding	2.21.74 29/2/92	N. Harding	2.23.60 16/2/91

1500 M	N. Harding	4.52.82 1/2/92	N. Harding	4.59.80 15/12/90
3000 M	N. Harding	11.13.07 1/3/92	E. Hughes	11.18.88 10/12/90
SPRINT HURDLES	A. Turnock	15.20 15/2/97	K Turnock	13.72 11/3/00
200 M HURDLES			E. Walsh	32.00 1/3/92
300 M HURDLES	H. Gourlay	51.80 25/2/89	A. Hughes	52.90 13/12/86
TRIPLE JUMP	M Street	11.25 6/5/00	Z. Elari	10.70 1/4/95
HIGH JUMP	A. Hughes	1.79 4/12/88	A. Hughes	1.73 15/11/87
LONG JUMP	A. Hughes	5.17 19/11/88	Z. Elari	5.28 2/4/95
HAMMER	M. Broom	32.04 19/2/94	J. Torok	29.14 25/2/95
DISCUS	A. Hughes	35.58 22/10/88	A. Hughes	32.64 15/11/87
JAVELIN	A. Hughes	39.08 11/12/88	A. Hughes	35.40 2/3/87
SHOT PUT	A. Hughes	12.39 13/11/88	H. Gourlay	11.65 28/2/88
MULTI-EVENT	A. Hughes	4142 20/21/2/88		
3000 M WALK			K. Giffard	18.54.50 25/2/89
4 X 100 RELAY		55.66 22/2/92		55.66 22/2/92
	Gemma Banks/Vanessa Lee		Gemma Banks/Vanessa Lee	
	Ha Tran/Emma Walsh		Ha Tran/Emma Walsh	
4 X 400 RELAY		4.16.28 7/12/91		5.55.60 11/3/95
	Theresa Boucher/Natasha Harding		Kate Chettle/Alison Groombridge	
	Emma Hughes/Vanessa Lee		Sarah Groombridge/Jessica Torok	

AGE/EVENT	U/13 BOYS		U/13 GIRLS	
100 M	Ashley Humphrey	15.36 20/11/99	K. Turnock	13.14 2/2/99
200 M	Ashley Humphrey	30.40 15/11/99	K. Turnock	27.34 6/2/99
400 M	Mark Cannell	70.20 26/2/89	N. Harding	64.00 13/11/89
800 M	Mark Cannell	2.18.30 12/1/91	N. Harding	2.29.80 3/3/90
1500 M	Andrew Harding	4.46.28 11/3/95	Kylie Turner	5.13.90 5/3/89
3000 M			E. Hughes	11.39.80 5/11/89
SPRINT HURDLES	Ashley Humphrey	18.58 8/1/00	A. Hughes	15.90 29/11/86
300 HURDLES			A. Hughes	54.70 23/11/86
TRIPLE JUMP	Ashley Humphrey	8.67 8/2/00	Z. Elari	10.29 27/3/94
HIGH JUMP	Mark Cannell	1.50 1/12/90	A. Hughes	1.62 29/11/86
LONG JUMP	David Kelly	4.16 7/2/87	Z. Elari	5.09 26/3/94
DISCUS	Matthew Arnold	24.26 26/2/89	A. Hughes	24.70 23/11/86
JAVELIN	Matthew Arnold	32.46 4/3/89	A. Hughes	28.22 8/11/86
SHOT PUT	Matthew Arnold	10.35 5/3/89	A. Hughes	10.30 29/11/86
1500 M WALK			K. Turner	8.18.90 6/3/89
3000M WALK	Simon Wass	20.43.00 4/12/99		
4 x 100 RELAY		55.28 25/2/96		60.12 25/2/96
	Dane Adams/Robbie Knott		Sarah Groombridge/Elena Kornaczewski	
	Jackson Marsh/Matthew Rae		Christine Shanahan/Kate Tyquin	
4 x 400 RELAY		4.29.08 19/2/95		4.59.50 19/2/95
	Andrew Harding/Robbie Knott		Kate Chettle/Sarah Groombridge	
	Jackson Marsh/Tim Mitchell		Elena Kornaczewski/Christine Shanahan	

ACKNOWLEDGEMENTS

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